



CERTIFICATE OF PARTICIPATION

This is to certify that

Mark Lawrance

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:29:07

PACE 06:24/km

GENDER 186 of 563

OVERALL 231 of 834

40+ 54 of 161

08 July 2023, Sat

Date



BoutTime

Signature

